

# STONEHOUSE MARTIAL ARTS



**NEW! Fall 2019**  
**After-School Karate Program**  
**in Duluth**

## Are you looking for?

- A high quality after school activity
- More family time in the evening
- More physical activity for your child
- Respectful, cooperative environment
- Supervised homework time
- A place to build self-esteem and confidence
- An environment that fosters leadership

**This might be the solution for your family.**  
**Contact us for prices and early bird specials!**

## Enrichment and staff development/teacher work days

Fridays are enrichment days filled with crafts and activities. Weather permitting we will go outdoors and plan short field trips.

Price includes all-day program on staff development/teacher work days where we are planning longer excursions and field trips.



Karate class

## General Schedule

Monday through Thursday are our karate days. Fridays are enrichment days .

## Transportation from Congdon Park Elementary

Is provided by us

## Transportation from Homecroft Elementary

Drop of through public school bus needs to be arranged

## Contact Us:

StoneHouse Martial Arts  
4013 Woodland Ave, Duluth, MN 55803  
(715) 394-5425 info@stonehousemartialarts.com  
www.stonehousemartialarts.com

**Only \$249**  
**per month**  
(First 5 to sign up—\$349 after)

This flyer is distributed as a courtesy to families in the school district of Duluth. Distribution does not imply that the school endorses or approves the activities or viewpoints promoted in these materials.

## Who We Are

Our after school martial arts program is not a day care....but it is a great alternative. In our academy, we create a respectful, cooperative environment in which kids take responsibility for themselves and learn to show respect towards others. We also teach students to manage responsibilities that are theirs alone: a clean uniform, homework agenda, good grades and respectful interactions.

Our program stresses personal discipline, taking responsibility and setting goals—skills that carry us through life. We also promote self-confidence and self-respect, which gives your child the courage to say NO in the face of peer pressure.